

BRAIN INJURY SURVIVOR AND FAMILY DAY

Dr. Mark Sherry is presenting a free, one-day workshop on dealing with the challenges of brain injury. It is for survivors of brain injury, their family and friends. Dr. Sherry is an Associate Professor at The University of Toledo, has written a book on brain injury, and has lectured across the world on brain injury topics. He is a former Board Member of the Brain Injury Association of Ohio.

- When:** 9am – 2pm, Saturday, January 28th
- Location:** Lucas County Board of DD/Larc Lane Administrative Building
1154 Larc Lane, Toledo Ohio 43614.
- Directions:** The Garden Lake Complex is off Detroit Ave. between Glendale Ave and Arlington Ave. Turn at Garden Lake Parkway, bear right follow signs to building. School busses are next to it.

The workshop will be divided into sections:

- 9:00 – 9:30 a.m.** **Welcome, Introductions and Sharing Our Stories**
Christine Veronie, Brain Injury Association of Ohio
- 9:30 – 10:30 a.m.** **Dr. Mark Sherry, University of Toledo**
- The different types and different severities of brain injuries
 - Common effects of brain injuries
 - How you can affect the outcomes of brain injury
 - The roles of survivors, families and loved ones in dealing with the emotional, behavioral, cognitive and physical effects of brain injury
- 10:30 – 11:00 a.m.** **Break / Morning Tea**
- 11:00 a.m. – 12:00 p.m.** **Dr. Mark Sherry**
- The differences across the lifespan (*e.g. pediatric and adult brain injuries*)
 - Some strategies for advocating in different contexts (*e.g. education, workplace, rehabilitation, nursing homes, community living*)
 - Issues associated with returning to work
 - Community resources
- 12:00 – 1:00 p.m.** **Lunch (details to be decided)**
All attendees will have an opportunity to visit with each other and with any advocates or service providers who attend.
- 1:00 – 2:00 p.m.** **Developing a personal plan of action and advocacy**

****Seats are limited, so please RSVP to Christine Veronie, cveronie@biaoh.org or 419-380-5110.****